

**Parent Consent and Physician Authorization  
 For Management of Diabetes at School and School Sponsored Events**

Pupil: \_\_\_\_\_ DOB: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

**Physician's Written Authorization: Please initial and check all boxes that apply**

1. **Blood Glucose Testing:**  Before meals AND as needed  
 By Pupil  Needs Assistance

Insulin At School:  Humalog  Novolog

2. **Routine Care of Hypoglycemia When Below 70:**  
 Self treatment of mild lows  Assistance for all lows  
 Notify physician when: \_\_\_\_\_

**Dose Prep/Admin By:**  
 Pupil w/ supervision  
 Parent  
 Parent Designee  
 Licensed nurse

**Equipment Used:**  
 Syringe and vial  
 Insulin pen  
 Insulin pump

3. **Emergency Care of Severe Hypoglycemia:**  
 Glucose gel: 1-2 tbsp along cheek/gumline. Give only if conscious.

**# of SQ Insulin Units Determined By:**  
 Pupil w/ supervision  Pupil  Licensed nurse

Glucagon injection:  0.5 mg  1 mg  
 (given only by trained staff; causes nausea/vomiting – place on his/her side.)

**Insulin Pump basal Rates:**  
 (1) \_\_\_\_\_ U/hr (3) \_\_\_\_\_ U/hr  
 (2) \_\_\_\_\_ U/hr (4) \_\_\_\_\_ U/hr  
 (All parent designees are trained by the parent and are not employees of the school or district)

4. **Care of Hyperglycemia:**  
 Check ketones if 300 or above as follows:  
 By pupil independently  Needs assistance

**Written sliding scale as follows:**  
 Blood Glucose from 60 to 150 = \_\_\_\_\_ Units  
 Blood Glucose from 151 to 200 = \_\_\_\_\_ Units  
 Blood Glucose from 201 to 250 = \_\_\_\_\_ Units  
 Blood Glucose from 251 to 300 = \_\_\_\_\_ Units  
 Blood Glucose from 301 to 350 = \_\_\_\_\_ Units  
 Blood Glucose from 351 to 400 = \_\_\_\_\_ Units  
 Blood Glucose from > 400 = \_\_\_\_\_ Units

5. **Insulin at school:**  
 Not at this time  
 Lunchtime dose: using sliding scale  
 Correction lunchtime doses: use sliding scale  
 Correction dose: \_\_\_\_\_ units for every \_\_\_\_\_ mg/dl over \_\_\_\_\_  
 Carb Counting: \_\_\_\_\_ # units per \_\_\_\_\_ grams Carbohydrate

**In the event of a disaster:** If insulin is available but there is a limited food supply then decrease the usual morning dose of NPH by 25%, or the usual evening (dinner or bedtime) dose of Lantus by 10%. Novolog or Humalog should not be given (hypoglycemia will be less likely to occur with these lower insulin doses and mild hyperglycemia for 1-3 days is acceptable). If the food supply meets the needs of the student's regular meal plan, decrease the NPH or Lantus for breakfast and evening (dinner or bedtime) by 10% and decrease the Novolog or Humalog before breakfast and before evening meal by 25%. If using an insulin pump: Continue usual basal rates. If pump becomes inoperable: disconnect pump, check blood glucose every 2-3 hours and give food bolus and/or correction as needed via injection every 3 hours.

**Physician Authorization For Diabetes Management In School**

My signature below provides authorization for the above written orders and the algorithm on page 2 of this document titled 'Algorithms for Blood Glucose Results at School'. I understand that all procedures will be implemented in accordance with Education Code Section 49423.5. I understand that specialized physical health care services may be performed by unlicensed designated school personnel under the training and supervision provided by the school nurse. This authorization is for a maximum of one year. If changes are indicated, a new written authorization may be provided per parent's request.

I have instructed \_\_\_\_\_ in the proper way to use his/her medications. It is my professional opinion that this student should be allowed to carry and use that medication by him/herself. \_\_\_\_\_ (Physician Initials)

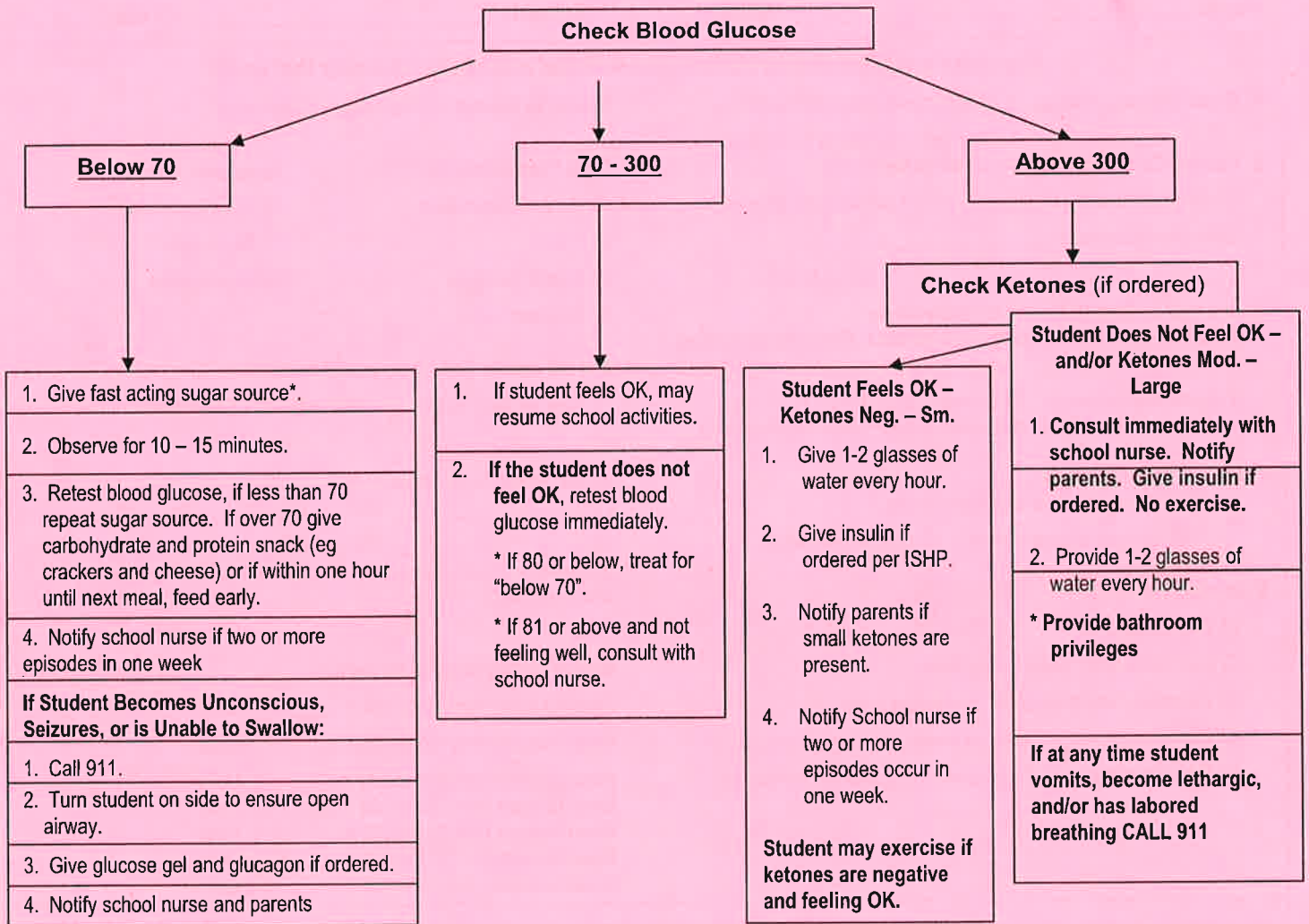
Physician Name: \_\_\_\_\_ Ca Lic # \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**General guidelines for added activity (PE, field trips, etc.):** Student's blood glucose level will often decrease with activity in excess of his/her normal level. It is recommended to test blood glucose more frequently if activity is increased. If blood glucose level is <120mg/dl, it is recommended to give a small 15 gram snack to student prior to moderate to strenuous activity. Students should sit out from planned activity only if experiencing hypoglycemia, suspected hypoglycemia, or if urine or blood ketones are present.

## Algorithms for Blood Glucose Results at School



- Fast Acting Sugar Sources (15 gms Carbohydrates)**
- \* 3-4 glucose tablets
  - \* 15 gm. Glucose gel
  - \* ½ cup sugared soda
  - \* ½ cup orange juice
  - \* ½ cup apple juice
  - \* ½ cup grape juice
  - \* ½ tube cake mate gel
  - \* 3 tsp. sugar (in water)

(To be completed by parent/ school nurse)

**Student's Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

**School Nurse:** \_\_\_\_\_

**Nurse contact number:** \_\_\_\_\_

**Parent's phone number:** \_\_\_\_\_

**Alternate number:** \_\_\_\_\_